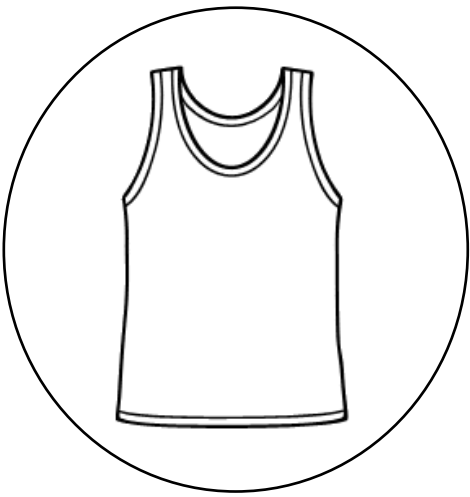


PaintME resource sheet

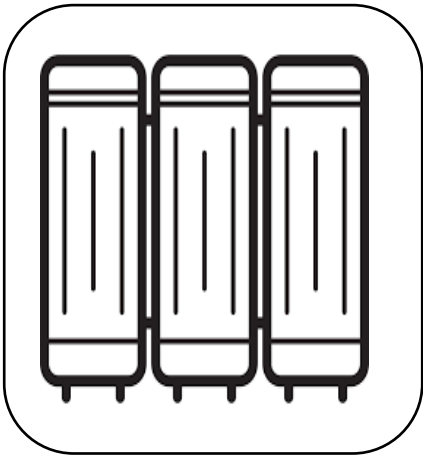


Encouraging participation

There are a few easy ways to maximise participation in a body painting session:

- **Permit painting over clothes**

Vest tops, shorts, sports bras or t-shirts can all be easily painted over. Paints are washable.

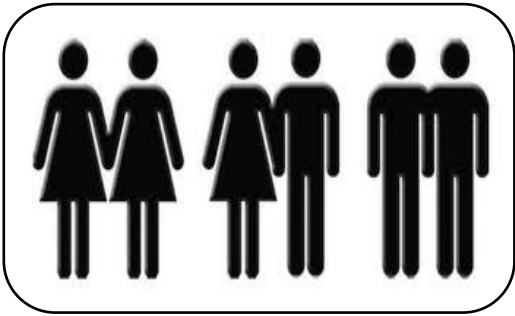


- **Provide dignity screens or curtains**

Ensure any windows can be covered too.

- **Allow self-selection of working groups**

Permit participants to choose who they work with – including same or mixed sex groups.



- **Offer facilitators of both genders**

Signpost that facilitators of a specific gender can be requested.



- **Respect religious and cultural beliefs**

Be respectful and offer alternatives such as painting on swimming caps or other clothing. Never interfere with religious clothing.